



SPORTS BOARD

University of Allahabad, Prayagraj- 211002

Email: sportsboardau@gmail.com

To

August 27, 2026

The Director,
I.C.T. Cell,
University of Allahabad,
PRAYAGRAJ

Sir,

Kindly upload the following news items on A.U. website and oblige.

"TO BE PUBLISHED"

Participation of the Teaching Community in Sports and Physical Activities for Health and Well-being

The Sports Board, University of Allahabad, is pleased to invite and encourage the teaching community of the University to actively participate in sports and physical activities as part of a healthy and active lifestyle.

In this regard, the following indoor sports and fitness activities will be available at the Major Dhyan Chand Student Activity Centre, University of Allahabad, between 3:00 PM to 5:00 PM:

- | | |
|--------------|-----------------|
| 2. Chess | 2. Table Tennis |
| 4. Yoga | 4. Carom |
| 5. Badminton | |

Further, teachers who wish to participate in outdoor sports may also join and play with students in the following sports:

Hockey, Football, Tennis, Basketball, Volleyball, Athletics and Cricket

The outdoor sports facilities may be utilised during the following timings:

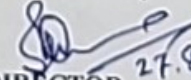
Season	Morning	Evening
Summer/Normal Timing	6:00 AM – 8:00 AM	4:00 PM – 7:00 PM
Winter Timing	7:00 AM – 9:00 AM	3:00 PM – 6:00 PM

The participation of teachers alongside students will not only promote fitness, health and well-being among the teaching community, but will also encourage a positive sporting culture, strengthen teacher-student interaction, and contribute towards the overall development of a vibrant and healthy University community.

All members of the teaching community are cordially encouraged to avail themselves of the sports facilities and actively participate in these activities.

Thanking you,

Yours Sincerely


27.8.2026
DIRECTOR
DIRECTOR
SPORTS BOARD
University of Allahabad